



To: Coventry Health and Wellbeing Board

Date: 27th November 2017

From: Matt Gilks

**Director of Commissioning, NHS Coventry and Rugby and NHS Warwickshire North
Clinical Commissioning Group: Chair of CAMHS Transformation Board**

Title: CAMHS Transformation Plan – Year 2 refresh

1 Purpose

1.1 The purpose of the report is to seek endorsement from the Coventry Health and Wellbeing Board for the refreshed CAMHS Transformation Plan.

2 Recommendations

2.1 Health and Wellbeing Board is recommended to:

- Review the CAMHS Transformation Plan report of year two and to endorse the plans for year three.
- Note that a refreshed CAMHS Transformation Plan for year three will be brought back to the Health and Well-being Board in October 2018.

3 Information/Background

3.1 'Future in Mind' was published in March 2015 by the Department of Health and NHS England. The document set out a series of proposals to improve outcomes for children and young people with mental health problems, emphasising the need for joined up provision and commissioning. These proposals were endorsed by the NHS Five Year Forward View for Mental Health published earlier this year.

3.2 NHS England agreed that access to the new funds for children and young people's mental health announced in the Autumn Statement 2014 and Spring Budget 2015 would follow the development of local Transformation Plans to describe how the national ambition could be translated and delivered locally over a period of 5 years.

3.3 Coventry and Warwickshire developed a joint plan that was submitted in October 2015, and subsequently assured by NHS England, which secured release of £878k funding annually for Coventry and Rugby, recurrent for 5 years.

3.4 Plans have now been in place for two years and each local area was required to refresh their transformation plan to demonstrate to NHS England the progress being made, that the funding is being spent as intended and provide evidence on how services are being transformed.

3.5 The refreshed Coventry and Warwickshire Plan was submitted to NHS England on 3rd November 2017 for assurance. The final assurance rating for this plan from NHSE is still outstanding. On receipt of the assurance rating the final plan will be published.

3.6 **Coventry and Warwickshire Priorities**

3.6.1 Within the Coventry and Warwickshire CAMHS Transformation Plan, the focus has been on the planning and delivery of the following seven key strategic priority themes:

1. Reducing waiting times for mental health and emotional wellbeing services.
2. Providing a crisis response service to support children and young people presenting with self-harm needs and preventing unnecessary hospital admissions.
3. Improved access to specialist support, including autistic spectrum disorder (ASD).
4. Providing support to the most vulnerable.
5. Strengthening mental health support to children and young people in schools.
6. Enhancing access and support through the utilisation of technology.
7. Implementation of a dedicated community based Eating Disorder Service.

3.7 **Challenges**

3.7.1 There are a range of challenges that the plan has had to address, including:

- Considerable work force challenges in CAMHS tier 3 services.
 - Recruitment of additional staff at a time when nationally there has been an increase in demand for children's mental health professionals, in particular NHS band 6 nurses and therefore a limited pool of suitably qualified and experienced professionals to appoint.
 - A number of children and young people waiting more than 12 weeks for follow up appointments.
- Increasing number of admission to CAMHS tier 4 NHS mental health beds
- High rates of Autistic Spectrum Disorder (ASD) presentations.
- Higher than average rates of hospital admission for self-harm.

3.8 **Year 2 Progress**

3.8.1 Progress against each priority has been made during year two of the plan and includes:

- Developing an enhanced Primary Mental Health service to schools for teachers, and professionals has been mobilised which strengthens schools capacity to deliver better mental health and wellbeing interventions for school age children.
- Developing and mobilising a dedicated CAMHS service for Looked After Children (LAC) and care leavers which commenced in February 2017.
- Consistent delivery of waiting times; urgent (48 hrs), 1 week for urgent cases and 18 weeks maximum for routines cases. A revised trajectory agreed to achieve targets for; 12 week follow up waits.

- A revised milestone plan has been developed to accelerate progress on improving the local CAMHS crisis response which commences during Q3 2017/18.

4 Options Considered and Recommended Proposal

4.1 For Coventry, in year three the focus includes:

- Publication of the plan online, once it has been assured by NHS England.
- Accelerating the progress towards achieving a core and stable workforce to deliver core CAMHS and transformation priorities.
- Achieving and maintaining consistent access and waiting times standards for follow up appointments.
- Implementation of the revised ASD pathway and delivery of additional assessments
- Developing a crisis care response and pathways for young people who may require specialist treatment beds will be a priority, with the aim of supporting more young people in the community, preventing admission and supporting timely discharge.

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Appendices